



The REACT

50+ Games 2017

Thursday 30th November 2017

**Woking Leisure Centre
and Pool in the Park**

Woking, Surrey, GU22 9BA



The REACT 50+ Games 2017

It is my pleasure to welcome all competitors and spectators to the annual REACT Games this year being held at Leisure Centre and Pool in the Park in Woking. The Games are held under the auspices of the REACT 50 Plus Committee for the Southern Region and comprise of a day of friendly competition amongst clubs in the region. No event of this nature can take place without the very capable help and willingness of the members of the host club, this year the Woking Leisure Fifty Plus Club. Our thanks are due to all of those who are working either as tournament organisers or referees not forgetting those who are working hard to ensure that records of the individual and overall events are correctly recorded. My best wishes to all the competitors without whom the event would not be taking place and to the spectators. May the activities today encourage you to continue to take part in active sport and, if not, encourage you to take it up.

Len Goodman
Chairman, REACT Committee

Woking Borough Council and Freedom Leisure are delighted that Woking is hosting this sporting festival for the region. We welcome you all to Woking and hope that the day fulfils your own expectations. Healthy activity and sport holds no barriers both in physical being, size and age and with that in mind I am sure that the competition will be strong and fierce but conducted in a fair and sporting manner. Enjoy your day and I hope you take away the spirit of the games along with fond memories.

Good luck.
John Hames
Centre Manager, Freedom Leisure

REACT 50+ Sports Clubs

REACT Games 2017

Thursday 30th November

09:00 – 09:30	Team Registration on balcony
09:15 – 09:45	Informal Knock-up
09:50 – 10:00	Welcome by Mayor of Woking
10:00	Commencement of the 2017 Games
13:00 – 13:30	Swimming Team Registration in Pool in the Park
13:30 – 13:55	Swimming Warm-up
14:00	Commencement of Swimming Event
16:00	Presentation of Trophies in the main hall of the Leisure Centre

Competition Event Facilities

MAIN HALL – Badminton, Short Tennis and Indoor Bowls

The Main Hall will be used for the Badminton, Short Tennis and Bowls Competitions. Two courts or rinks will be available for each age group.

Spectator facilities will be available on the balcony overlooking the Main Hall, not in the Main Hall itself.

WURLITZER HALL – Table Tennis

Table Tennis will be played in the Wurlitzer Hall.

Spectator facilities will be available by using seats in the hall as agreed by the referee.

SQUASH COURTS – Racket Ball

The Racket Ball competition will be held in the Squash Courts.

Limited viewing for spectators will be available on the balcony behind the courts.

POOL IN THE PARK – Swimming Gala

Accommodation for spectators will be available in the Gallery overlooking the pool.

General Information

CONFIRMATION OF ENTRIES

All entries should be confirmed by email to Stan Craven at stanbar7@btinternet.com not later than 16.00 on Tuesday 14th November 2017.

Team captains (managers) should report their teams' presence not later than 09.45 on the day for all events, except swimming, to the Registration Desk on the balcony of the main hall at Woking Leisure Centre. The desk will be clearly marked and manned. The names of competitors should be provided in writing in order that the events run smoothly.

The names of competitors for swimming should be confirmed together with their availability between 13:00 and 13:30 in Pool in the Park.

COMPETITION LEAGUES

All events except swimming will be played on a round-robin basis and the order of play will be posted close to the central point for each event. A board will indicate the next games on each court, table or rink. Team captains will be responsible for ensuring their competitors are available when required.

We would remind all team captains (managers) to be aware of all the rules and regulations of the Games which are printed in this brochure.

Each event will also have an allocated referee as well as an event organiser and runners.

Competitors will be required to sign score sheets for individual games prior to leaving the court and to ensure that they are signed by the referee or event organiser.

A Master Scoreboard will be in the area outside the entrance to the main hall, near the changing rooms.

SWIMMING GALA

The swimming event will take place at the Pool in the Park commencing at 14:00. The security lockers available in the changing rooms require a 20p coin which is returnable. The swimming medals will be presented at the end of the gala which should be finished by 15:30. Competitors may wish to return to the Leisure Centre for the presentation of trophies etc.

ARRIVING AT WOKING LEISURE CENTRE

Two maps showing the location of Woking Leisure Centre are printed at the back of this brochure. Its postcode is GU22 9BA.

CAR PARKING

An adequate undercover car parking area for the sole use of REACT participants will be at the rear of the centre, indicated by the “**Additional Parking**” signs. This is free of charge but a permit will be issued which must be displayed inside the car. There is a charge of £1.30 per hour to park in any other part of the Leisure Centre car parks.

COMPETITORS AND SPECTATORS

All competitors/players and spectators should enter via the main Centre door and reception area. There will be no charge for spectators.

KNOCK UP

All Badminton Courts and Short Tennis Courts will be available for competitors to "knock up" on from 09:15 to 09:45. Competitors are requested not to use the courts once the Games have commenced. A short "knock up" period will be available before each individual match.

TOILET, CHANGING, SHOWER & LOCKER FACILITIES

Toilets are available at a number of locations within the Centre and are signposted. The changing/shower rooms are all situated on the ground floor (separate facilities are provided for men and women). Security lockers are available in the changing rooms and require a £1 coin which is returnable.

Please do not take onto court any clothing, equipment or other items that will not be required during a game – there is very little space surrounding each court. Please use the lockers.

BASIC FIRST AID INFORMATION

If at any time you feel unwell or need first aid information during the day please contact a First Aider either through Reception or the REACT Registration Point.

A number of qualified First Aiders will be in attendance all day. You should, however, ensure that the Woking Leisure Centre Staff, or Reception, are informed if you or anyone else requires first aid. This can be done through REACT registration and control.

EMERGENCY EVACUATION

In the unlikely event of an emergency evacuation would you kindly leave the facility via the nearest fire exit and meet at the assembly point which is situated in the main car park.

GAMES CLOSING CEREMONY & PRESENTATIONS

The Presentations of medals and trophies will take place in the main Sports Hall.

DISABLED ACCESS

Disabled access is via the main door. All parts of the building being used for the REACT Games are fully accessible to wheelchairs.

CATERING

The self-service café facility in the main reception area will be open for the whole day. It sells tea, coffee and other soft drinks, sandwiches, chocolate bars and other snacks. This will be supplemented by a facility in the corridor outside the main hall.

Note: Although it is not normally possible for food other than that purchased on the premises to be consumed within Woking Leisure Centre an exception will be made for REACT participants. However consuming food in any indoor area other than these cafés is not permitted.

There are also vending machines located at various points throughout the Leisure Centre.

In addition there is a café in the Pool in the Park which serves hot food such as jacket potatoes, burgers, sausages and chips.

ACKNOWLEDGEMENTS

Woking Leisure Centre Fifty Plus Club would like to acknowledge the help and support given by Freedom Leisure and its staff in planning, organising and running the event. The pictures on the front cover are copyright Freedom Leisure.

EVENTS

General rules and specific rules for individual events are specified in detail later in this document.

All event matches are, except where indicated otherwise, between mixed-pairs teams (i.e. one lady and one man, or two ladies). Each club may enter up to two teams per age group in each event.

There will be separate competitions for those over 50 and those over 65.

The following sports will be played:

- Short Tennis
- Badminton
- Table Tennis
- Short Mat Bowls
- Swimming
- Racket Ball

SWIMMING

Teams for Swimming shall consist of between four and six members, no less than two and no more than three of each gender, ideally three ladies and three men.

RACKETBALL

As an experiment this year there are some changes to Racketball which will override the rules on pages 8, 9 and 12.

There will be three categories in each age group:

- Ladies Singles
- Men Singles
- Mixed Pairs (i.e. one lady and one man, or two ladies)

Each club will be able to enter up to two players in each singles category in each age group but only one mixed pair in each age group. No player shall play in more than one category.

Medals will be awarded to the first three places in each category in each age group.

Half points will be awarded in each category in each age group. i.e 5 for winning the category, 4 for second etc.

PARTICIPATING TEAMS

A list of participating teams in each category in each event will be published as a separate sheet prior to the games.

Rules for the REACT Games

Issued 24 July 2014, modified 21 June 2017

1. Eligibility

The REACT 50+ (Southern Region) Invitation Games shall be open to teams from all sports centres and recreation centres in the Southern Region.

2. Format

2.1 The Games shall comprise two separate competitions based on age categories, one open to teams of persons 50 years of age and over (on the day of the Games) and the other open to teams of persons 65 years of age or over (on the day of the Games).

Competitors in the 65+ age group may participate in events for the 50+ age group, but not vice-versa. The results of the two competitions will be added to produce a combined competition result.

2.2 Competitors must be bona fide members of, or regular attendees at, the Club which they represent.

2.3 No person may compete in both the 50+ and 65+ competitions or in more than one event.

2.4 Both competitions shall comprise the following events:

- a. Badminton
- b. Short Tennis
- c. Table Tennis
- d. Racketball

plus e. Swimming, provided the Committee agrees each year, based on the perceived costs of holding the swimming events and the likely entry

plus f. Bowls (indoor long mat) and/or g. Bowls (short mat)

a, b, c, f and g above shall be played by teams of mixed pairs, each being one man and one lady; or two ladies.

Bowls shall be indoor long mat and/or short mat, subject to facilities.

Racketball shall be played as singles by both men and women.

Swimming teams shall each consist of up to three ladies and three men with a minimum of four competitors.

Racket sports and bowls shall, when entry numbers permit, be played on a group ("round robin" or "box") basis in which each team plays every other team in their group. If there are a large number of entries for an event the organiser may divide the teams into two or more groups with play-offs between the groups to determine the rank.

2.5 Substitutions may be made before the Games have started (i.e. before a team's first match has started). If a player withdraws after the player's first match has started but before the round robin is completed then all matches in which the player has competed or is due to compete will be cancelled but the player's team will be awarded two points (one point in Racketball) for playing in the Games. If the event has been divided into groups then if a player in a

team finishing first or second in a group withdraws after the round robin has been completed but before the play-offs have commenced then the team placed third in that group will replace them in the play-offs (playing the winners of the other group) and the team withdrawing will score 2 points. If the withdrawal occurs during the semi-finals then the team withdrawing will be placed fourth and there will be no play-off for third and fourth places. If the withdrawal occurs immediately before or during the final then the team withdrawing will be placed second.

2.6 In all events, subject to availability of suitable facilities at the host centre, a Club may enter up to two teams in each competition but only the highest finishing team may score points towards the 50+, 65+ or combined competitions although both teams may receive medals in the sport concerned. For example, if a Club's two teams finished first and second, the team finishing first would receive the Gold Medal and score 10 points, the team finishing second would receive the Silver Medal but score zero points, the team finishing third would receive the Bronze medal and score 6 points and the teams finishing fourth, fifth and sixth would score 4 points, 2 points and 2 points respectively. See Rule 2.8.

2.7 If at the closing date there are fewer than three teams entered for an event then that event will be cancelled and the entrants notified. These entrants will be invited to enter another event from those remaining. If on the day of the Games, because of late withdrawals, there are less than three entries for an event, then the event will go ahead and points will be awarded accordingly, including walk-overs.

2.8 Points will be awarded as follows for all events and in accordance with Rule 2.6 (points for Racketball in brackets):

First	10 points (5 points)
Second	8 points (4 points)
Third	6 points (3 points)
Fourth	4 points (2 points)
All other entries	2 points (1 point)

2.9 Trophies will be awarded for the first and second teams in each competition, and for the first and second teams in the combined competition. Medals will be awarded to team members for the first, second and third teams in each event except in Racketball where they will be awarded to the first three ladies and first three men individually. Medals will not be awarded for the separate races comprising the swimming event.

In the case of a tie in any of the 50+, 65+ or combined competitions then the rank is decided by the greatest number of team wins, then if necessary by the greatest number of second places etc. for each competition.

3 General Rules

3.1 Each club entering the Games shall be required to pay the appropriate entrance fee.

3.2 Each teams' competitors should be identified by distinctive badges or clothing supplied by their club. Suitable clothing and sports footwear must be worn for all events. Non-marking shoes must be worn.

3.3 The team manager for each club must confirm to the hosting centre no later than 16:00 two days prior to the day of the Games, the previously notified entries and/or report any last minute changes. On the morning of the Games the manager must report the team's presence at least 15 minutes prior to the programmed starting time of the Games, and shall be responsible for ensuring that the teams report on time for each event entered.

Team managers should ensure that all competitors are familiar with the Rules, dress code and the equipment that they have to provide.

3.4 The local club shall provide officials to referee and score each event. The referee for each event will be available to settle any dispute. The REACT officers will act as Tournament referees.

3.5 The organisers shall provide a control table and a master scoreboard (on display) on which scores and running totals will be recorded during the course of the Games.

3.6 Provision of and types of balls, shuttlecocks, equipment etc. will be made by the Games organisers.

Badminton: Yonex Mavis 300 shuttlecocks – blue. Yellow flights or other ,dependant on Venue.

Short Tennis: PWP yellow red spot indoor foam mini-tennis balls or Tretrn equivalent (note: all balls for a REACT Games must be of the same type).

Table Tennis: 40mm standard 3 star yellow and/or white balls

Racketball: B.R.A. approved blue balls, yellow spot

3.7 A 30 minute lunch break may be scheduled and published for each event. To optimise catering facilities this may not be at the same time for all events.

4 Rules for Specific Events

It should be noted that these Rules are specific to these Games and take precedence over all other rules should conflict arise.

4.1 Badminton

Competitors shall provide their own rackets.

The normal rules of the Badminton World Federation shall apply, except where varied by the following:

Each team shall consist of one pair, being one man and one lady; or two ladies.

The Organiser will preset the scoring and/or number of games/points to fill the available playing capacity. Typically, each match shall be the best of three games, each game up to 15 points with no setting, points being scored as in the rules of the Badminton World Federation.

The order of competitors in a group is decided by the greatest number of matches won. In the event of a tie the order is decided by the best games difference (i.e. games won minus games lost) and then if necessary by the best points difference. If there is still a 2-way tie, the result of the match between the two competitors decides the order. If there is still a 3-way tie then a (short) play-off will be necessary.

4.2 Short Tennis

The normal rules of Tennis shall apply, except where varied by the following:

Competitors shall provide their own rackets which must not be more than 23 inches in length. Each team shall consist of one pair being one man and one lady, or two ladies.

The Organiser will preset the scoring and/or number of games/points to fill the available playing capacity. Typically, each match shall be the best of seven games (i.e. play ceases as soon as one team has won four games).

The court will be a standard Badminton court but the net will be positioned from the ground to a height of 33 inches (838mm) at the posts and 31 inches (787mm) at the centre. The net posts may be higher than the net.

The full dimensions of the court, including the side tramlines, shall be 'in play' throughout — this means at all times the inner tramline is ignored.

On service the ball shall be served into the badminton service box (but including the doubles tramlines).

Note that, as in Tennis, if in a serve the ball strikes a net post the service is a 'fault' but during the rest of a good rally if the ball strikes a net post and the ball falls into play, the rally continues.

The order of competitors in a group is decided by the greatest number of matches won. In the event of a tie the order is decided by the greatest number of games won, then if necessary by the least number of games lost. If there is still a 2-way tie, the result of the match between the two competitors decides the order. If there is still a 3-way tie then a (short) play-off will be necessary.

4.3 Table Tennis

The normal rules of the International Table Tennis Federation shall apply, except where varied by the following:

Competitors shall provide their own bats and must not wear predominately white clothing. Each team shall consist of one pair being one man and one lady; or two ladies.

The Organiser will preset the amount of play to fill the available playing capacity. Typically each match shall be the best of five games to eleven points, points being scored as in the Rules of the International Table Tennis Federation.

The order of competitors in a group is decided by the greatest number of matches won. In the event of a tie the order is decided by the best games difference (i.e. games won minus games lost) and then if necessary by the best points difference. If there is still a 2-way tie, the result of the match between the two competitors decides the order. If there is still a 3-way tie then a (short) play-off will be necessary.

4.4 Racketball

The normal rules of the British Racketball Association shall apply, except where varied by the following:

Competitors shall provide their own rackets.

The Organiser will preset the scoring and/or number of games/points to fill the available playing capacity. Typically, each match shall be the best of three games (i.e. play ceases as soon as one team has won two games) and each game is 11 points up: that is to say, the player who first wins 11 points wins the game, except that, on the score being called 10 all, the game shall be set to "best of three points", in which case the player who first scores two more points wins the game with a score of 12 points.

The order of competitors in a group is decided by the greatest number of matches won. In the event of a tie the order is decided by the best games difference (i.e. games won minus games lost) and then if necessary by the best points difference. If there is still a 2-way tie, the result of the match between the two competitors decides the order. If there is still a 3-way tie then a (short) play-off will be necessary.

4.5 Swimming

The swimming event for the 50+ and 65+ competitions each comprise 8 races as follows:

Ladies backstroke, Mens backstroke, Ladies breaststroke, Mens breaststroke, Ladies Freestyle, Mens Freestyle, Medley Relay, Freestyle Relay.

The Medley relays comprise 2 men and 2 ladies swimming in any order, 1 length each, but the 1st length must be backstroke, 2nd must be breaststroke, 3rd must be crawl, the last length is a choice of stroke.

The Freestyle relays comprise 2 men and 2 ladies swimming in any order, 1 length each.

The order in which the races will be held will be decided by the organiser.

A swimming team will ideally consist of 3 men and 3 ladies (maximum 6 persons). A team may have a minimum of 4 members but no team member may swim in more than two individual (i.e. non relay) races. No team member may swim in more than one leg of a relay race, but could take part in two different relay races.

All races will be started in the water, i.e. no diving starts, with at least one hand touching the pool wall. Breaststroke races will finish with a double-handed wall touch (or else the swimmer can be disqualified) and other races with a single-handed wall touch. The same rules apply for relays including changeover points. Each individual must remain in their lane for the duration of the race. Races will not be stopped for a false start but at the end of the race (or heat) offending swimmers will be disqualified from scoring in that race.

If the number of entries in any race is larger than the number of available lanes then the competitors will be drawn into heats which will be timed.

The race final will comprise the heat winners, plus the required number of fastest swimmers from across all the heats to fill all available lanes. For each race no swimmer will need to swim more than twice (in the heat, and in the race final).

In each race the winner will be awarded a number of points equal to the highest number of teams entered in either the 50+ swimming competition or the 65+ swimming competition and the second place awarded one point less and so on. Times will be used to determine positions for each swimmer that swims in a heat but does not get to the final. Teams not taking part in the race or disqualified get zero points. The points for every race are then added to determine the order of teams overall. If there is a tie for medal positions the tie-breaker will be the finishing positions in the relay events, with the free-style relay taking precedence.

4.6 Bowls (indoor long mat)

The normal rules of the I.B.A. shall apply, except where varied by the following:

Each team shall consist of one pair being one man and one lady, or two ladies.

Only bowls shoes will be permitted in the bowls area, or one may play in stocking feet. Each player shall bowl four woods. The leads will toss for the jack.

The number of ends in each match shall be either pre-announced or decided by a time bell, after which no new ends will be started.

Typically 4 to 6 ends or a bell at 35 minutes will be used. There will be no trial ends or visits to the head.

The winners of the first end of each new game will score ONE shot. Points will be awarded as follows: 4 points for a win, 2 points for a tie, 1 extra point for a win by 8 shots or more. In the event of a tie on points, tournament winners will be decided as follows: a) shot difference. Then if necessary, b) most shots for. If still unresolved, c) the leads of the teams concerned will deliver one bowl each to a jack placed by the umpire.

In all ends except the last of each game, if the jack is struck out of the rink, the end will count, but the team responsible for playing the jack out of bounds shall forfeit one shot. In the last end, the end must be replayed.

4.7 Bowls (short mat)

The normal rules of the Short Mat Bowls Association shall apply, except where varied by the following:

Each team shall consist of one pair being one man and one lady; or two ladies.

Three Woods and Heavy Jacks shall be used.

A team captain shall toss a coin and the winner deciding on who bowls first.

No trial ends, but only one shot to be scored on first end of each match.

The number of ends in each match shall be either pre-announced or decided by a time bell, after which no new ends will be started.

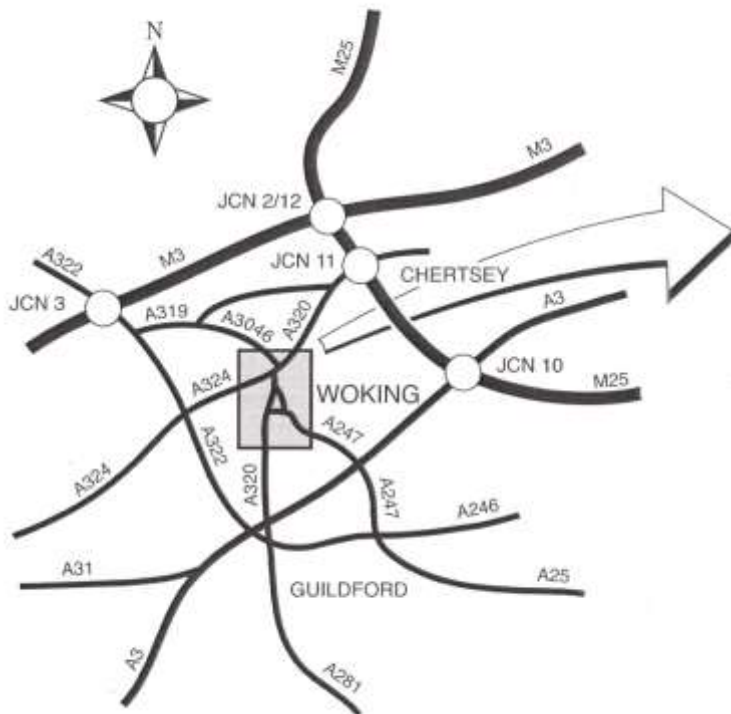
Typically matches shall be of four ends.

In the event of the jack being out of play the offending team will give two shots to their opponents and the next end will commence.

Points will be awarded as follows: 2 points for a win and 1 point for a draw.

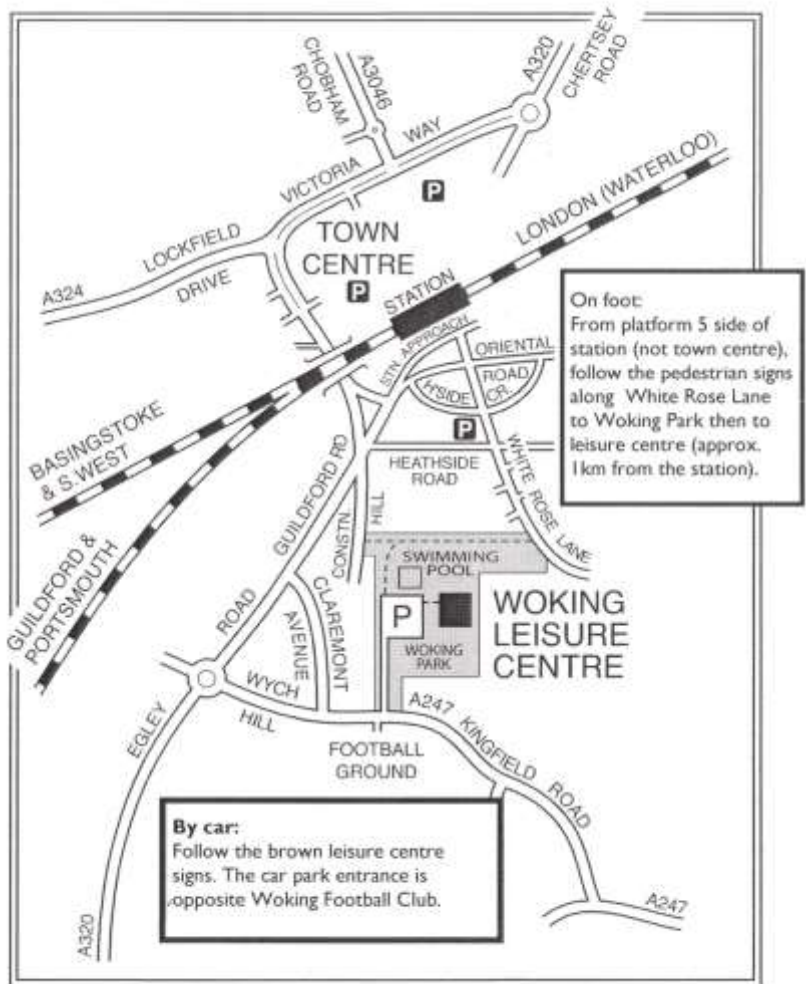
In the event of a tie positions will be decided on shot difference – so shots must be recorded.

Woking Leisure Centre and Pool in the Park



Note that this map is not to scale and only major roads are shown. A more detailed map of Woking showing the location of the Leisure Centre is on the next page.

HOW
TO
GET
THERE



A map showing the location of Woking is on the previous page.

The Leisure Centre Postcode is GU22 9BA

CAR PARKING

An adequate undercover car parking area for the sole use of REACT participants will be at the rear of the centre, indicated by the “**Additional Parking**” signs. This is free of charge but a permit will be issued which must be displayed inside the car. There is a charge of £1.30 per hour to park in any other part of the Leisure Centre car parks.